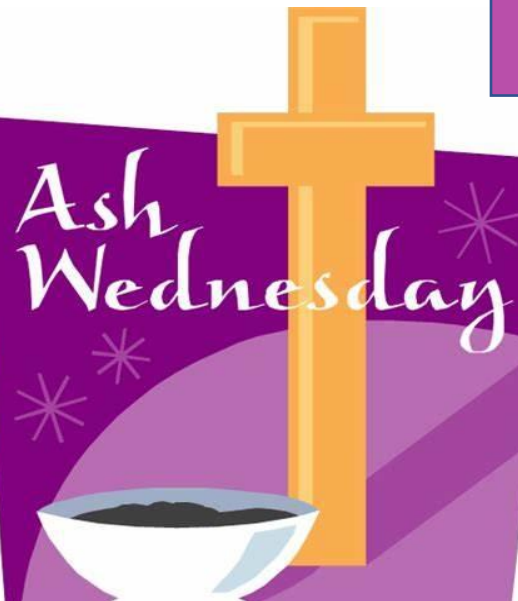


THE SOUTH SHORE COOPERATIVE PARISH



Ash Wednesday Joint Service
Wednesday, February 22, 2023
7 P.M.

Service will be held at
Babylon United Methodist Church
21 James Street · Babylon · New York 11702

Ash Wednesday begins the Lenten Journey of sacrifice. Please join us, the Pastors, for a one-hour service of reflection for Ash Wednesday. Ashes will be imposed on the forehead.

Lent is a period of fasting, moderation, and self-denial. Lent begins with Ash Wednesday and ends with Easter Sunday. The length of the Lenten fast is 46 days (40 days, not counting Sundays). During Lent, participants eat sparingly or give up a particular food or habit. It's not uncommon for people to give up smoking during Lent or swear off watching television or social media or eat sweets, and meat or tell lies. It's six weeks of self-discipline in an act of repentance and drawing close to God.