

## About Us

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**NORTH SHORE SUFFOLK  
COOPERATIVE PARISH**

*Of The United Methodist Church*

Centerport UMC      St. Paul's UMC  
Dix Hills UMC      Union UMC  
Huntington - Cold      West Hills UMC  
Spring Harbor UMC      Woodbury UMC

We are seven United Methodist Churches working together to share the Love and Grace of Jesus Christ on the North Shore of Long Island.

## Contact Us

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# THE ALPHA COURSE



**A PRACTICAL  
INTRODUCTION TO  
CHRISTIAN FAITH**



**The  
Alpha  
Course**

Alpha



## Alpha Topics:

- Session 1 - Is There More to Life Than This?
- Session 2 - Who Is Jesus?
- Session 3 - Why Did Jesus Die?
- Session 4 - How Can I Have Faith?
- Session 5 - Why and How Do I Pray?
- Session 6 - Why and How Should I Read the Bible?
- Session 7 - How Does God Guide Us?
- Session 8 - Who Is the Holy Spirit?
- Session 9 - What Does the Holy Spirit Do?
- Session 10 - How Can I Be Filled with the Holy Spirit?
- Session 11 - How Can I Make the Most of the Rest of My Life?
- Session 12 - How Can I Resist Evil?
- Session 13 - Why and How Should I Tell Others?
- Session 14 - Does God Heal Today?
- Session 15 - What About the Church?

## What Is *Alpha*?

A safe place to learn about faith in Christ through asking questions, sharing thoughts, and making friendships.



### FOOD

Each session of Alpha begins with sharing a meal together



### VIDEO

A 30 minute video introduces the topic for the session. (See right panel)



### DISCUSSION

Small groups engage in open, honest conversation about the topics. Everyone's thoughts are respected, and people are free to say what they are really wondering about.

## Alpha Is For...

Anyone interested in finding out more about the Christian faith. Adults of all ages are welcome.

Learning and laughter. It is possible to learn about the Christian faith and to have fun at the same time.

People meeting together. An opportunity to get to know others and to make new friends.

Helping one another. The small groups give you a chance to discuss issues raised during the talks.

Asking anything. Alpha is a place where no question is seen as too simple or too hostile.

LET US KNOW YOU'RE  
COMING AT  
[LIEDISTRICT.COM/NSSCP](http://LIEDISTRICT.COM/NSSCP)

